XM's instant traffic and weather are an invaluable tool for me. I live about 65 miles from Philadelphia, and about 90 from New York City. I can barely pick up the AM/FM stations from Philadelphia and get no signal from anything out of New York City.

XM allows me to hear the current traffic and weather conditions in these cities before I leave my house, this in turn allows me ample time to re-arrange my trip to either of these cities.

Without XM I would be well on my way to either city before I could hear about the traffic or weather on AM/FM.